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| MINISTRY OF EDUCATION AND TRAINING  **NATIONAL UNIVERSITY OF ARTS EDUCATION** | **Socialist Republic of Vietnam**  Independence-Freedom-Happiness |

*Hanoi, Aprilr, 2025*

**SUMMARY OF NEW CONTRIBUTIONS**

**OF THE DOCTOR THESIS**

Thesis Author: Do Thi Lam

Course 5: (2020 – 2023)

Code: 9140111 - Majoring in Theories and methods of music teaching

Thesis: *Teaching Vietnamese Pop Songs to Female Mezzo-Soprano Students at Thanh Hoa University of Culture, Sports and Tourism*

Science Instructor: Prof.Dr. Nguyen Thi Tố Mai

Training institution: National University of Arts Education

**New conclusions of the thesis**

1. The dissertation systematizes theoretical foundations and contributes additional perspectives on teaching pop vocal music in general and Vietnamese pop songs in particular, specifically in the following areas:

- Definitions and concepts: *teaching*, *singing*, *vocal music*, *vocal instruction (vocal music teaching)*, *light/popular music*, *rock music*, *pop music*, *pop song*, *Vietnamese pop song*, *method*, *teaching method*, *methods for teaching Vietnamese pop songs*, *vocal range*, *register*, and *vocal tessitura*.

- Characteristics of the mezzo-soprano voice and the role of pop vocal training for mezzo-soprano singers.

- Musical and stylistic features of Vietnamese pop songs relevant to vocal instruction for mezzo-sopranos.

- Theoretical foundations of vocal techniques in pop music and methods for teaching Vietnamese pop songs.

- Clarification of the components of the teaching process for Vietnamese pop vocal performance in mezzo-soprano voices.

2. The dissertation has strong practical applications in teaching Vietnamese pop songs to female mezzo-soprano students at Thanh Hoa University of Culture, Sports and Tourism. It provides an in-depth analysis of the current state of teaching—including conditions, faculty qualifications, curriculum, student profiles, and instructional effectiveness-while identifying strengths and areas for improvement to enhance training quality.

3. The proposed pedagogical measures in the dissertation-such as training vocal articulation and breath support specific to pop music, as well as mastering characteristic techniques like vibrato, accentuation, vocal sliding, and tone control across registers-are particularly valuable. The dissertation also suggests methods like: Vocal warmups integrated with movement and music, Exercises using syncopated and offbeat rhythms.

Melodic improvisation, Problem-solving and discovery-based learning to foster creativity in student performance.

These approaches are expected to significantly improve the effectiveness of Vietnamese pop vocal training for mezzo-soprano students at Thanh Hoa University of Culture, Sports and Tourism.

Moreover, this dissertation may serve as a practical teaching resource for instructors of undergraduate vocal music programs at the university. It also holds value as a reference for researchers and educators who share similar research interests and teaching goals related to Vietnamese pop vocal instruction for mezzo-sopranos in other training institutions.

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| **Science Instructor** | **Thesis Author** |
| **Prof.Dr. Nguyen Thi To Mai** | **Do Thi Lam** |